

## **Jim's Rant – Family      (Dealing only with family preparation for the 2022 chaos)**

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### **Index-1 Grocery Shopping During Chaos.**

During the social chaos, we all will have to venture outside to grocery shop at some time. You will need protection from those waiting in the parking lot.

By that time people will openly carry a displayed gun, and yes, without a permit. You will know when it is time. So **inventory a holster** now. Just wearing it will be a warning to leave you alone, even you women. Keep it in the dresser drawer until you are no longer embarrassed to wear it out. In the meantime, carry the gun in your purse.

Even if you don't have a gun get a toy one and spray paint it black. Now you are armed. Who's going to ask to see your gun purchase receipt to see if it's a real gun?

Next **purchase a whistle**, preferably a storm whistle. [\\$4 Each](#)

Replace the cords with camouflaged cord and spray paint the whistle brown. This way no one will notice the connection between you and your friend. As you shop your friend follows a distance behind you, also with a whistle. You must never look at him. If you are attacked he can blow the super loud whistle while holding a gun in the air, signaling "No No."

If you have to defend yourself as in the above scene, leave with the buggy pusher in front with the protector still a distance behind. No attacker will molest either of you after the whistle because they will be confused, especially if the buggy pusher also has a gun in hand now.

The whistle is preferred over firing two quick shots in the air as the follower will be hesitant to fire a shot in the air inside a store. Besides, why waste two shots?

The shopper can signal fear by blowing the whistle or lifting the left arm twice. Now lets go shopping. Also note that for the legally squeamish no laws were violated.

Have your car parked so you don't have to back up.

### **Index-2 Spot The Leaders For Group Survival.**

We are all aware of what happened on the Titanic. It's in our culture. But what good is it if we don't learn anything personally from it? And again, I mean personally. If I were in a similar Group Survival situation what one skill would I wish I had if I could make a wish come true before such a survival event appeared in my life?

Would it be how to put on a life jacket? How to escape a burning building or start a fire in the snow? How to disguise your appearance in front of a jealous husband or wife looking for the culprit? My answer would be a universal answer.

To me the most important skill will be able to instantly spot the leaders to follow, support or work with. What I am talking about is to be to look at thirty strangers and instantly know the five to emulate and work with as most of the others may get you killed.

I have discovered in life our biggest problem is we expect all others to think like we do, to have our habits and personalities. We suffer let downs when because everyone else did not live up to our

expectations. This causes us to traverse life blind, stupid and hurt. If we educate ourselves life goes a lot smoother.

Early in my business life I matched two distinct personality spotting systems together such that if you see two strangers getting out of a Volkswagen you instantly know how each one thinks, makes decisions, gets on top and who has to sleep in the wet spot. This is the skill-set you need, no, not the wet spot part.

I taught seminars in Personalities in every new organization I was in to calm people down and make the happier and more productive. It always made a vast improvement in people's lives from what I could see.

See this one hour seminar [Spotting Personalities](#)

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**Then see this article on getting your survival plan ready instantly.**

6. Having a Complete Plan in Just A Few Days.

In my early twenties I was tricked into becoming a Scout Master. I read the hand book and knew that the 15 year old boy leaders were to complete an annual plan for their troop. The first planning day I left them for two hours with the big blank calendar and soft drinks. When I returned it was half filled out and I was told of the "best farting contest ever!" The same thing happened the second year.

The third year I cheated! I filled out the plan 75% complete. However, being the stupid person I am, I made a lot of mistakes, such as swimming in December, Winter camping in June and grilling Brussels Sprouts on Saturday night. This time I returned to see a 100 percent great Annual Plan. What I learned is that for most people it is a whole lot easier to copy and alter than to create from scratch as it is now not so overwhelming.

That is what I suggest here. Select ONE person to cause it to happen, however he deems fit. It then is a plan that the group can mull over and change as the plan is being enacted. But you now have a group vision and starting plan! I am reminded of a plaque I once saw that said, "And God so loved the world that he sent his only begotten son, instead of a committee."

### **Who Should Plan It?**

Every group has a "John Wayne" type person in it. He/she is the one the others lovingly refer to as an "Asshole". That person has a square face and chin; a square torso from the rear, square butt, short stubby square hands and fingers. They walk like a storm trooper and are serious all the time. One of the characteristics about them is they make decisions in three seconds and 99 percent of the time they are right.

There are four basic personalities. If you assign the task to anyone from the other three it will either take forever or the planning will never occur.

I put on a one hour YouTube seminar teaching this skill of recognizing when to follow others and when to lead them. We require all of our members to watch this before joining. This is because we get our feelings hurt when others do not act like us and this creates group problems. With the training most of this problem will go away, even in a new group of total strangers. If we activate the retreat we won't have time for personality problems and mistakes. You will know how to best utilize all of your members, so take the time to watch it. Then go get your Choleric to complete the Plan.

See: [Family Plan](#)

See: [Group Plan](#)

See: [Attachments to Group Plan](#)

### **Index-3 Solving Your Biggest Problem First – Water.**

During a societal chaos period, your most immediate problem is water if it is shut off. After three days without it you can no longer think clearly and are entering the dying phase of life. This will happen quicker and harder than any other problem you will face.

Preppers spend small fortunes on water filters, cisterns, life straws and a shed full of bottled water. You don't have to. All you need to do is invest from \$2 to \$10 and your water problem is under control so you can go on to the next biggest problem your family faces.

First lets Define The Problem. The average 4 person family uses 15,000 gallons of purified water per month. During survival each adult needs only 30 to 90 purified gallons per month for drinking and food preparation to survive. That is 1 to 3 gallons per day.

Water Sources. Absent water stored for survival your first source is the 50 gallon hot water heater. Don't forget to open a sink faucet to let air in as you empty from the bottom tank faucet. Next might be shower-lined bathtub with last minute water collection stored in it.

Now we are scavenging from creeks, standing water in gullies, drainage ditches and rainwater. Sounds yummy, doesn't it?

#### Water Purification Methods.

1) Boil it for three minutes. It is now purified but this requires a lot of energy.

2) Best Method Is To Use Bleach. It must be UNSCENTED. Cost for one gallon is \$2.

1. Use a clean dropper to add the bleach to your water. Make sure you have one in your [emergency supply kit!](#)

2. Choose the right amount of bleach. Here's a good guide to follow:

<b>Volume Of Water</b>	<b>Amount of 6% bleach you should add to the water</b>	<b>Amount of 8.25% bleach you should add to the water</b>
1 liter	2 drops	2 drops
1 gallon	8 drops	6 drops
2 gallons	16 drops	12 drops
4 gallons	1/3 teaspoon	1/4 teaspoon
8 gallons	2/3 teaspoon	1/2 teaspoon

3. Based on the above, you know now how much bleach to add to your water. However, you need to double the amount of bleach if the [water is cold](#), colored, or cloudy.

4. Once you've added the bleach to the water you wish to clean, stir it well and leave it aside for 30 minutes. Smell the water. It should smell a bit like chlorine. If it doesn't smell like chlorine, you should

repeat the same dosage as before and allow the water to stand for 15 more minutes before you drink it.  
5. When you taste the water, if it tastes strongly of chlorine, pour the water from one [clean container](#) into another. Let it rest for a few hours before you drink it again.

## Does Bleach Make Water 100-Percent Pure?

It's unfortunately a misconception that bleach will purify water completely.

Bleach won't kill some disease-causing organisms that are found in surface water, nor will it remove chemical pollutants from the water.

However, in an emergency, if adding bleach to the water is the only way to prevent dehydration and stay alive, then it's still a lot safer than drinking water without disinfecting it first.

## What Happens If The Water You Want To Purify Is Very Cloudy?

If you've retrieved water for drinking that's very dirty and cloudy, it might not be enough to use bleach to purify it.

You will need to first filter the water. Now, since you might not have access to electricity, such as because there's a huge power outage, or you might not be able to make a fire, you might not be able to [boil the water](#) first.

A good way to [filter water](#) before bleaching it is to use a camping filter. Or, you could use a coffee filter. Here's how to filter water with a coffee filter prior to bleaching it.

1. Start by placing the water you want to filter in a large container.
2. Flatten a drip-coffee filter so that it's in a round shape.
3. Fold it once in half. Do that twice so you have a triangular shape.
4. Open one flap of the triangle and fit the filter into a funnel.
5. You should apply a few drops of water to the filter so that it will properly stick to the funnel.
6. Put the funnel into the mouth of an empty water bottle.
7. Carefully pour the dirty water from the large container into the bottle via the funnel.
8. The filter will collect impurities that are in the water, such as sand and dirt.
9. You'll find that as you continue pouring the water the filtration will slow down. This is because the filter will be getting full of dirt that's been removed from the water.
10. When you can see that the filter can't do its job anymore, you should replace it with a new, clean filter.
11. Once you have completed filtering all the water you need, you can then start the process of bleaching it.

### Jim's Filter Method:

Get a tube sock and fill it with sand. Slowly pour water through it.

Purchase a bag of play sand from a hardware store. Cost: \$6 <https://www.homedepot.com/p/>

## Related Questions

### What are the dangers of putting too much bleach in water?

Too much bleach will irritate and harm your digestive system. However, too little won't be enough to kill bacteria that's in the water.

#### Index-4 Reducing Water Needs – Sanitary Shit.

If you stop flushing the toilet it will save a family of four the need for 7,500 gallons of water per month.

Then take a sponge bath every two or three days and save a lot more more. Now you are using 10 gallons per month per adult.

Next cut out clothes washing every day and by now you have a very small need for non-potable water.

You life has now been guaranteed in regards to water problems. Congratulations.

#### 40. Sanitary Shit. [Source](#)

### SHIT

Shit happens, and it's going to continue to happen when shit happens. The question is what are we going to do about it? We have all heard the stories of people in high rises unable to get rid of their shit. When that happens expect cholera, hepatitis and diphtheria in your neighborhood. So what's a mother to do?

If you are a city slicker you may get a double whammy: no water and no sewage. Then on top of that the people uphill or up from an underground lift station, will continue to use rainwater to flush with. But without electricity the lift stations will not function, distributing shit to about ten percent of the households, making them uninhabitable. To prevent this, all homes should have a \$4 four inch [sewer pipe](#) cap. If you discover you are a lucky recipient, just dig up the line, cut it and install the cap with a rock holding it in place.

If you have a water shortage however, you still have a shit problem so now we have two problems in one. So let's solve them as one. First make a **composting toilet with \$25** in materials or for free using a toilet seat, a closet door and its two hinges, plus a five gallon pail. It will take a family of four a week to fill two buckets. Cover your daily deposit with dirt, sawdust, shredded paper, compost or grass using just enough to hide the color. I swear, there is no odor.

You can also buy an **adult potty chair** at a thrift store for \$10 and place a 5 gallon bucket under it.

A normal family uses 15,000 gallons of water each month with half of that, 7,500 gallons, used to flush. The compost toilet requires only 4 gallons per month. We just solved half of your biggest survival problem – water!

Now let's use the **Human Manure Composting** method to dispose of it. We will eventually build a 4 cubic foot compost pile. Stake out a 4 foot by 4 foot location. Empty the bucket, making sure that it is slightly wet if you choose not to urinate in it for some reason. Try to build sides that allow air in (pallets). Dig a hole in the pile and empty the bucket then cover it with a few inches of dirt, grass or paper. Never turn this compost pile. About every six inches of level place a layer of straw or sticks to allow air into the pile. The idea is to let the shit cook and build up steam. It will completely cook down anything in it in two weeks.

**Anything bio-degradable** can go in that pile, including Pampers, bloody bandages, road kill, Tampons, etc. It will all cook down.

Continue to build the pile up to a height of four feet. When finished, let it age one year to kill the human pathogens. It is now ready as a fertilizer on your garden.

Get your neighbors to do this as well and you have just prevented the dreaded unsanitary diseases, no shit.



Article [permaculturenews.org/2014/07/21/building-basic-compost-toilet/](http://permaculturenews.org/2014/07/21/building-basic-compost-toilet/)

Human Manure method: [humanurehandbook.com/](http://humanurehandbook.com/)

## **NO TOILET PAPER**

Yes you can survive it.

Purchase a liquid bug sprayer, adjust the wand and you have a bidet. [Cost \\$15](#)  
You may have to shorten the wand or heat it to bend it a little.

Or assign one wash-rag to each person. After several uses, wash it.

## **FEMININE PRODUCTS - [Washable](#)**

### **BATHING**

#### **Hot Towel Method**

1. Heat one half quart of water in a covered pot.
2. Check frequently. As water starts to steam and form small bubbles on bottom of pot, remove from fire.
3. Get a medium-sized hand towel, large kitchen towel, large clean shirt or whatever. Slowly and carefully immerse towel into pot. Move towel around slightly to allow capillary action of cloth wick up hot water.

If towel is completely saturated, use less water next time as a fully wet towel will be too hot to pick up, let alone wring out, and it will drip all over the place.

4. When towel is very hot but not too hot to handle, pick up towel and vigorously wash body.
5. Wipe your butt with toilet paper. Then using the towel, wash your face, arms torso, back, legs. Then wash your armpits, crotch and butt.

#### **Bucket and Bench Method**

1. Wet your rag in the bucket to wet the body.
2. Soap and wash.
3. Rinse with the remaining water in the bucket.

#### **Navy Shower**

1) Rinse quickly. 2) Turn off water. 3) Soap up and bathe. 4) Rinse quickly. 5) Get out.

## **BEDDING**

### **Sun Drying**

1. All sleeping bags, sheets and blankets should be taken outside, turned inside out, and shaken.
2. They should be hung on bushes, across something, or placed on a clothes line so that the sun and fresh air can clean them.
3. After several hours, remake bed.
4. This should keep down bed bugs and lice, as well as remove the extra dead skin caused from infrequent baths.

Attachments:

-  [Toilets.pdf](#) (29KB)

## **Index-5 Militia Oath of “Boom Shacka Lacka Lacka Boom.”**

I attended a Prepper meeting in the neighboring town. Several people were concerned about how they can protect themselves from gangs that have migrated there driving up the murder rates. My only contribution was that when things get chaotic they will either be dead or gone.

Here is what must happen, step by step.

- 1) Recognize were are now in a global war for the survival of humanity. This negates all rules to conform to of civility. This is a fight to defend your family.
- 2) Legally to become a Militia (from old law) one simply declares himself a Militia. This means no registration, no Federal Employee Number, no county license to be applied for.
- 3) Once you become a Militia you are authorized to be non-concealed carry and have a long gun over your shoulder.
- 4) As a Militia you have the right to make a citizens arrest once you have identified yourself doing so as a Militia.
- 5) Now all that remains is to formally & legally form the Militia. Pay attention because this is the hard part:
  - a) Locate a few buddies willing.
  - b) Swear the oath by everyone putting their right hand in a circle, touching hands.



- c) All say “Boom Shacka Lacka Lacka Boom.”
  - d) Then on the count of three, break touching hands and holler “Go 9Th Street Militia!”
- 6) Now you are legal. There was a meeting of the minds.
- 7) **Arrest Process:**
- a) Have one person get behind them and fire a shot into the air, forcing them to turn to the rear. The shooter had best be behind protection, such as a car engine.
  - b) The rest of the gang hollers “Militia, drop your weapons as you are under citizens arrest.”
  - c) Anyone who fails to drop ‘em can now be shot using sighted-in long guns.
  - d) If mistakes are made, sorry about that – the fog of war you know.

## **Index-6 The Human Side Of Prepping.**

On his podcast yesterday Mike Adams said “A tsumi is coming and only those on high ground will make it.” His meaning was the prepared will be in the best position. ([link](#)) “Best position” for what? I am certain he meant survival but what I am looking at is the prepared will be in the best position to help others struggling to crawl out of the train wreck they were just in. That is what I am about to discuss here, how to prepare now to assist the less fortunate survivors as we get to the backside of the chaos.

I see the prepared as the prepared waiting for the wreck to occur over the next two months. After that we will be in the eye of the storm but can then venture out and assist in the recovery effort as the chaos continues to play out after the worst is over. We can then know what to expect.

I am not suggesting you venture out in military trousers with the large pockets filled with cigarette lighters, bottles of anti-depressants and rolls of gauze bandages. I am suggesting you take this lull time to prepare for the human side of prepping so that you can cause your local neighborhood to organize itself to help mitigate the suffering.

I suggest we all prepare to:

- a) **Establish Revolving Leadership Methods** so as one leader peters out a replacement can take the reins without a lot of conflict and loss in the process.
- b) **Spot Personalities based on body shapes & traits** so we know who to accept as leaders and who not to follow, who to ask to prepare a plan and who is not prepared to plan, who is a follower & worker and who was born to lead and organize. I suggest this skill as we will not have time to sniff butts like dogs to see who is who;
- c) Learn about **Group Meditation** and how to use this powerful tool to calm and heal those around you as well as see what I coming around the corner for better planning;

d) Open up your intuitive/physic part of your life and **creating your own future.**

A. **Revolving Leadership:**

Our 50 person fall-back group uses a method that recognizes people have a difficult time planning and thinking during periods of high stress. We also recognize meetings are much more productive when that are with a maximum of about six persons. This way everyone can speak their ideas and consensus is easier to achieve.

Therefore, we divided our focus on six main areas:

Health	Moral	Nutrition
Planning	Physical	Security

Each focus group places a leader on the six person council.

The first focus group meeting of each month a call for election can be made by anyone. This keeps the Focus Group running itself. If they want term limits or a revolving leadership they are free to choose.

We have an overall Camp Director, like a maintenance man, calling in the Focus Groups when needed. He is overseen by the council.

In the case of a security crisis, the Security leader takes overall command until the council declares an “All Clear”. Then it’s back to laundry, meals and water production.

A member can work on as many Focus groups as he wishes.

After the train wreck modify the above to fit your community needs but try to limit your council to six persons.

See: Our [Organizational Chart](#)

See Also: **52 - Leadership Lessons Learned From Ship Wrecked Groups; [Link](#)** (Page 55)

B. **Spotting Personalities.**

Around 1980 the medical profession realized they were going to be processing patients faster than the then half hour, which is now around 13 minutes. They were fearful that without the time and familiarity with the patient, they would not know if they were dealing with a non-complainer or a hypochondriac, a diligent or spasmodic medicine taker, etc. So they commissioned a study that produced five body types which gave them a clue of the patient’s personality attributes.

I took their 5 body types and reduced it to 4 body types that overlays the 4 personalities as defined by the [Personality Plus](#) method, which I used heavily in business. With it you can spot two strangers getting out of a car and know which one gets on top and which one has to sleep in the wet spot; how long it takes each to make a decision and which will make the best decision.

In fact, you will know which one is the decision maker. You will know which one is the introvert and which is the extrovert.

These are powerful tools of knowledge in dealing with strangers. You will know who to follow and who to lead naturally and when to lead each person and when to follow them. You will know who the planner is and is not. These will be a greatly required skill to develop for organizing an Ad Hoc group in a panic situation.

Below is a video of the free seminars I put on for business to bring their employees into a more cooperative atmosphere. Our biggest relationship problems is to think everybody thinks like us when they are different and we can't appreciate that. We misuse their potential.

**Spotting Personalities:** [Link](#) One hour seminar

### C: **Group Meditation:**

In the 1980's prison riots were common in Senegal, South Africa, one of the poorest countries in Africa. Three years after a new warden was assigned to one such prison there the rioting stopped. All prisons annually post their recidivism rates, the percentage of released prisoners returning to prison. Globally that rate is around 60 - 70%. That particular prison rate dropped from 70% to 10% in three years.

Scientists descended on the prison searching for the explanation. The first year of investigation tagged it to the new warden requiring all inmates to learn to meditate. After an introduction class, the inmates were free to continue meditation or not. Some chose the continue, some abandoned the practice.

The second year the scientists returned with brain scan machines. Most global inmates have dead spots/holes in their frontal lobes, the part of the brain dealing with impulse decisions. What they discovered was that few inmates there had them. The scientists were shocked because they didn't know the brain could regenerate parts of itself, if that is what happened. But this story goes deeper.

The medical profession has known that the best healing state was no longer the Beta dream state but rather the meditative state. In that state the body sends free oxygen to the organs it feels needs it the most for rejuvenation. I suppose that is why severe patients are put in a coma nowadays. Therefore, the medical profession knows you can help your body heal by meditating.

The third year the scientists studied new inmates by scanning their brains. Sure enough, they fit the normal pattern with a great percent having dead frontal lobe spots. The fourth year they returned and found very few of them now had the dead spots. Sure enough, their brains were rejuvenated!

Now for the strange fact. Both the mediators and non-mediators were rejuvenated. The scientists concluded that group meditation was so strong that it not only healed the practitioner but persons geographically near them.

**Dr. John Hagelin** now entered and performed Group Meditation experiments. He is a quantum physicist who then switched paths and specialized in group meditation.

Now see: [4 Minute Video by Dr. Hagelin](#)

**Simple Meditation Practices:** Dr. Hagelin used transcendental meditation only in the experiments performed. This was because that form is precisely defined and can be used exactly the same way by everybody. There are many forms of meditation, some simple and some not so. One method was selected so that any variance in results could not be attributed to the various meditation methods used – there was only one.

Meditation can be as simple as drinking half a bottle of beer then laying back on a beach towel, closed eyes, forgetting about the dirty laundry backed up and focusing only on the sounds of the birds and moving water for 15 minutes. So no, you don't have to take a class.

#### **D) Open Up Your Intuitive Side and creating with your mind:**

Albert Einstein inadvertently created the science of Quantum Physics, the study of the make-up of atoms. As they studied smaller and smaller atom attributes, one study showed them a whole new world before us. That theory is called [Schrödinger's cat](#). That theory lead to other experiments that indicate when studying the extreme small, such as which way a sub-atomic particle spins (left or right), it is observed spinning in the direction the observer thought it would be before he looked. This indicates that the physical is what the observer himself created. Complex, isn't it?

This is taking us to the Robin Williams' movie [What Dreams May Come](#). The scientists realized the science was practically touching the hand of god, as we may be co-creating and waited 30 years for the religions to address the issue. The religions failed to speak perhaps because it might interfere with their religious organizations and beliefs.

So around 1960 the scientists began publishing their findings. This ultimately resulted in [The Secret](#) ([book](#) or [free full video](#)) and the video of [What The Bleep Do We know?](#) ([Trailer](#) or [free full video](#)). These both show how to harness your thoughts to create your life.

**See: [Jim's Rant For The Day. How To Find The Woo People To Teach Us.](#)**